

○ **Regular Summer Practice Schedule at Overlook
(June 9 through July 25)**

9:30 - 10:45 AM - selected 10's, 12's, 14's, and Opens
10:45 - 11:30 AM - 8's and 10's

○ **Evening Practices –**

These practices are designed for swimmers 8 yrs. of age and older. Swimmers must be able to do interval training with the pace clock. Evening practices are reserved for those swimmers taking summer school courses or having summer employment. If you're not sure, check with Coach Dan because space will be very limited.

Mon., June 16 - 6:30 - 7:30 PM

Wed., June 18 - 6:30 - 7:30 PM

Fri., June 20 - 6:30 - 7:30 PM

○ **PLEASE CHECK THE TEAM WEBSITE AT: overlookswimteam.org.**
The website includes up-to-date information about the Overlook Swim Team. It may answer many of your swim team questions.

○ **Millersville Relays - Tuesday, June 10**

Overlook swimmers who are listed to participate in the Millersville Relays (see Overlook Swim Team bulletin board) should plan to arrive at the Millersville Lions Club Pool by 4:45 PM. A relay line-up is also listed on the bulletin board in the Overlook Pool lobby. The meet begins at 5:45 PM. See the Overlook Swim Team website for directions to the Millersville Lions Club Pool.

○ **Overlook Relays - Thursday, June 12**

Overlook swimmers should plan to arrive at the pool by 4:45 PM. All Overlook swimmers are slated to swim in the relay carnival. There are freestyle, mixed freestyle, and medley relays for all age groups. This is our major swim team fundraiser. Parents, please see the swim team bulletin board or website for your assignments that evening. All hands are needed for a successful meet!
Meet start - 6:00 PM.

○ **Woodridge Classic - Saturday, June 14**

Overlook swimmers who signed up to participate in the Woodridge Swim Classic should plan to arrive at the Woodridge Swim Club by 7:45 AM. A roster of participants and their events is posted on the swim team bulletin board. Please see the swim team website for directions to the Woodridge Swim Club in Lititz. Meet start is slated for 9:00 AM.

○ **Important Dates/Reminders –**

Please be sure to adhere to the sign-up deadlines

Tues., June 17 - Skyline Dual Meet (Home) - All Overlook swimmers

Thu., June 19 - Woodridge Dual Meet (Away) - All Overlook swimmers

Sat., June 21 - Ephrata Relays - Coaches will choose swimmers based on times

A roster of swimmers selected by the coaches to attend the relays will be posted on Tuesday, June 10. If you are on the roster, you are expected to be there.

Mon., June 23 - Swim Team Pep Rally

Tues., June 24 - Mount Joy (Home) - All Overlook swimmers

Team Pictures at 3:45 PM.

Thurs., June 26 - Meet make-up date. Make-up date for team pictures.

○ **Team Picture Day June 24th**

In order to get all individual and team pictures taken within the allotted time frame before the dual meet, it is requested that all order forms and checks be completely filled out beforehand. Start time for picture taking is 3:45 PM. It is requested that all swimmers be there for the team photo even if you are not purchasing an individual photo.

○ **LOST ITEM:**

If anyone inadvertently took a male jammer size 38 from the sizing kit at registration please return or mail to Cheryl Hendrickson, 2158 Coventry Road, Lancaster, PA 17601. If you ordered a male jammer size 38 you will be issued a new one. Thank you. Cheryl Hendrickson